

CHRISTOPHER HOWARD

YOUR PERSONAL

# BREAKTHROUGH

*Breakthrough to Success in 7 Days*



**WORKBOOK**

YOUR  
STORY  
HERE



# Your Personal **BREAKTHROUGH**

*Breakthrough to Success in 7 Days*



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## Welcome to Your Personal Breakthrough

Congratulations on making the decision to invest in Your Personal Breakthrough. As we all know, many people seem to invest in possessions and experiences that bring them brief moments of happiness, only to find that years later they feel limited and unfulfilled. Your dedication to personal excellence is the greatest asset you can possess.

Through this program your dedication to personal excellence will be rewarded with a wealth of information and next generation performance breakthrough technologies developed by Christopher Howard.

Everything you need to break through the limitations of your past as well as accelerating your future success is right here in this program. So, starting this very moment, expect to create the rich and fulfilling future you've always dreamed of. All you need to add is unrelenting dedication to personal excellence!

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# [ Day 1 ] Maximize Your Potential

## About Christopher Howard

Christopher Howard is the Founder and President of Christopher Howard Training, and he is one of the world's leading authorities on the psychology of wealth and accelerated personal achievement. Described as "The Richard Branson of personal and professional development," Chris is an electrifying speaker who has captivated audiences in the United States and worldwide. Chris is also an International Best Selling Author of his book, *Turning Passions into Profits* and of 9 best-selling audio programs.

From the company's humble beginnings in 2002, Chris has developed Christopher Howard Training into a multi-million dollar international success. Within four years, Chris conducted vast amounts of research into the lives and success strategies of the world's greatest business, philanthropic and spiritual leaders. As a result, he has developed a system to replicate the success strategies of the world's most legendary leaders and billionaires; from Branson to Buffett, and Gates to Gandhi.



Chris is known to practice what he preaches; therefore he used his propriety system in his own life, and the results speak for themselves. Now he shares his secrets of success with growing audiences world wide, and you can often hear him say, "If I can do it, you can do it!" Chris has assisted tens of thousands of individuals and businesses worldwide to achieve long-lasting, breakthrough performance results. As an entrepreneur and Performance Consultant over the past decade, he has personally led, managed and turned around numerous organizations and businesses. His personal clients include politicians, celebrities, and Fortune 500 companies in addition to thousands of people from all walks of life dedicated to reaching their full potential.

Today, Chris Howard continues to dedicate his life to research and development into the finest cutting edge technologies of personal and professional achievement, relentless in his mission to eradicate poverty in the world and to empower individuals to live a deeply rich and fulfilling life.

## Next Generation Technologies

Using this program, you will learn how to make essential internal changes with which you can create real world results and long-term fulfillment. The tools you will utilize to achieve these ends are state-of-the-art human development and psychological technologies that have been rapidly advancing for the past several decades.

Chris Howard has spent over twelve years studying the best of the best of human development experts and has tested the results of their technologies in his own life as well as the lives of hundreds of his personal clients. After gleaning the most efficient and effective parts of each existing science, he has condensed and consolidated them into two new progressive technologies upon which this program is based.

### Chris's Next Generation Technologies

1. Neurological Re-Patterning™
2. Cognitive Re-Imprinting™

## Maximizing Human Potential

It is the nature of humankind to continually find new ways to do things better, quicker and faster. Just as we've had huge advancements in scientific technologies, we've also had equally, amazing progress in the area of human transformation technologies. For example, it would have previously taken at least seven years with psychoanalysis therapy to get rid of a Phobic Response (an intense irrational fear). With current technologies today, we can completely rid a person of this type of fear in just five minutes. Furthermore, this is an especially exciting time in history — as we have made more advances in the past 10 years than in the preceding 100 years combined!

**What can *you* change more rapidly than you thought possible?**

**How much more *could* you have in your life?**

“ There is no passion to be found in playing small — in settling for a life less than the one you are capable of living. ”

—Nelson Mandela

## How to Use this Transformational Series

- 1. Commit to go through this program with 100 percent, total commitment.** You will get out of it what you put into it.
- 2. Make the decision to change your life for the better.** Then, use the tools provided in this program to get where you want to go.
- 3. Take action!** In order to make a change in your life, you have to actually *do* something. Take responsibility for your own life and your own results.
- 4. Complete each exercise.** This will help you to integrate the information and make change happen in your life much faster than ever before.
- 5. Keep your workbook with you while you are doing each session.** When you take notes and listen actively, it is much easier to retain (and actually use) what you learn.
- 6. Begin with the end in mind.** Know what you want to get out of this program and make sure you achieve what you set out to do.

## Goal-Setting Exercise

**What are your goals for this audio series? What would you like to happen as a result of going through this series?** Think about goals for all areas of your life, and make them BIG. Stretch yourself and expand your mind about you can want to be, create, do and see.



## Christopher Howard Training

If you are committed to being the best that you can possibly be, to achieving all the milestones you want to achieve in life, and to creating the extraordinary life you've always dreamed of, then you have come to the right place. We are committed to supporting you with all the tools you need to get your there faster. Christopher Howard Training provides next generation, cutting edge tools for personal and professional achievement.

### Live Seminars:

#### *Breakthrough to Success Weekend*

This is the entry point for people coming into full *Fast Track to Success Series*. Whether you have already achieved significant success or if you have just started on your journey of success, this weekend event will transform your thoughts and actions like never before.

#### *Results Certification Training*

This week-long training takes the skills modeled from masters of accelerated human transformation and puts them in your hands.

#### *Master Results Certification Training*

This next level of coaching and leadership training is a must-do for anyone planning to engage in high-level coaching or business performance consulting.

#### *Presentation and Platform Skills Training*

You will walk away from this one-week intensive training with extraordinary presentation and communication skills to inspire, influence and motivate small or large groups of people.

#### *Performance Revolution*

This program will develop your leadership skills for influence and persuasion.

#### *Billionaire Bootcamp*

During this week-long *Billionaire Bootcamp* event, you will integrate the leadership techniques of the world's most successful individuals to achieve spectacular results.

#### *Design Your Destiny*

Imagine how different your life could be if you knew exactly what your life purpose was and had mastery of all the tools you needed to make it happen.

## Open Up to What is Possible

Einstein once said that people often walk around in a trance of disempowerment. Don't let this be you! Widen your scope about what is possible. Get ready to break through the illusions of the past to drive yourself forward towards a new and powerful future.

# [ Day 2 ] Your Keys to Empowerment

## 1. Perception is Projection

You can't physically see anything outside of you that is not you. However, we are constantly being bombarded by over two millions bits of intangible information every second of every day via our five senses. In order to manage this overwhelmingly vast amount of information, your nervous system deletes, distorts and generalizes it. As a result, you are actually only aware of a small fraction of your total incoming data.

### **What We Look For, We Find**

In addition, of our deleted data, we are actually conditioned to leave out the *same* information each time it is processed. Thus, some people always see only what there is to be upset or depressed about in life, whereas other people only see happiness and opportunities.

*Ultimately, the quality of your life comes down to what information you are deleting at any given moment.*

### **Where is Your Flashlight of Focus Directed?**

Even though we have the ability to change our *conscious* focus, 95 percent of the drivers that determine where we focus are unconscious. All of reality changes based on who or what is looking at it. We don't see things as they are, we see things as *we* are. So, if you want to change your surroundings, you must change what is inside of *you*.

## 2. Cause & Effect

### ***Are you the cause or the effect of things in your life?***

**Cause:** "I have created what is in my life."

**Effect:** "I would have done, been, seen, succeeded, etc., but ..."

Being at cause in life is simply a way of looking at the world that will support you in being empowered. When you are on the cause side of the equation, you take responsibility for the things that occur in your life and take action to make a change for the better.



## Beliefs

Your beliefs will determine your actions and therefore, your results. Choose to adopt beliefs that will empower you!

### **Everything is your responsibility; nothing is your fault.**

We create everything in our experience either through our actions or through our non-actions. At some level, we have chosen everything that happens in our experience, whether consciously or unconsciously, for a grander purpose. Don't ask, "Why did I create this?" Instead, ask yourself, "How did I create this reality and what do I want to create instead?"

### **Become a Master of Life**

Become a master of utilization! Take whatever is occurring in the natural environment and use it to your advantage.

*When life gives you lemons, make a margarita!*

Become a massive learning machine, and allow the adversity in your life to serve a greater purpose by driving you forward to new hopes and new dreams. Challenge yourself to be at cause from this moment forward.

“ Security is mostly superstition. It does not exist in nature, nor do children of men as a whole experience it. Avoiding danger is no safer in the long run than outright exposure. Life is a daring adventure or nothing at all. ”

—Helen Keller

## Take Charge of Your Focus

### When You Become a Master of Focus, You Become a Master of Life

What we choose to focus on actually determines our results. Thus, focus is vital in terms of what shows up in our life. And, since the unconscious mind does not process negatives directly, we must focus on what we want to the exclusion of everything else. Ask yourself, “Am I focusing on what I want or what I *don’t* want?”

*You can’t think about what you don’t want to think about without thinking about it.  
Think about that for a moment.*

### The Components of Focus

1. Pictures (Visual)
2. Sounds (Auditory)
3. Feelings (Kinesthetic)
4. Tastes (Gustatory)
5. Smells (Olfactory)
6. Self-Talk (Auditory-Digital)

### Be curious

You must take charge of all of the components of focus by bringing them into your conscious awareness. We all have recipes made up of these components, which when placed in a certain order and sequence, produce the results we experience in our daily lives. These are our unconscious strategies that fulfill our needs at any given moment. To change the results that you are currently creating, start to become acutely aware of what you do inside your mind and body.

*Develop a ferocious curiosity for what is happening inside.*

“ Your focus is everything. ”

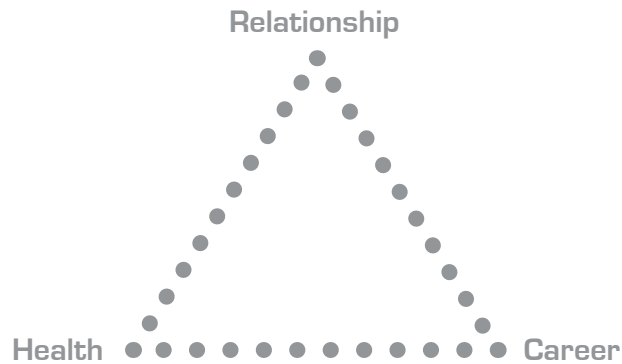
—William James

## Home-Play

Pick an area of your life where you are not living up to your full potential. This will be your area of focus for the rest of this audio program. You will be able to re-address the other areas at another time and to apply the principles you learn to all areas.

If you are uncertain about which area to choose, ask your unconscious mind, "If I were to have a breakthrough in one of these areas, which would have the most significant impact on all the others areas?"

**In the diagram below, circle the area you will focus on.**



# [ Day 3 ]

## Self Discovery: The Foundation of Freedom

### Exercise: Your Current Experience of Life

The are of LIFE I am focusing on is \_\_\_\_\_.

*Describe this area of your life as it is for you currently. Be brutally honest with yourself.*

***When things get stirred up, get EXCITED!  
A problem well-stated is a problem half-solved.***

### Time

The past and the future don't exist; only the "now" matters. Your future is pre-destined, but it's not set in stone. It's based on what you are doing, thinking and believing right now. Thus, the future can be molded and shaped the way you choose. Furthermore, the way you take charge of the future is to take charge of the present — what you are doing, thinking and believing in the now. The first step in this process is to identify what future you are currently creating based on your belief systems and behaviors.

## Imagination is Everything

Your imagination, whether deliberate or inadvertent is what has led you to where you are today, and it will lead you to where you will go tomorrow. Brilliant minds throughout time have had the ability to work with the faculty of imagination to drive things forward in powerful ways.

### How to Use the Faculty of Your Imagination with Volition

*In relation to your body:*

- Where do you imagine the past to be?
  
- Where is the future?

*This is your personal time stream.*

## Expectation Rules Outcome

Rise above the stream of time and see where you are currently heading. Ask yourself: “Where am I currently headed in the area of life that I have chosen to focus on? What is my honest expectation of my future?”

Notice what your unconscious really expects in the future. If you can be brutally honest with yourself about your future reality, you have the power to change things proactively in the here and now.

***In life, we don't get what we want; we get what we expect.***

“ Our limitations and success will be based, most often, on our expectations for ourselves. What the mind dwells upon, the body acts upon. ”

—Denis Waitley

## Exercise: 3 Years

### **Date in 3 Years:**

Take a look around. What is happening for you now? How is the specific area of your life that you identified? What is out there? What are you doing? What emotions are you feeling? What are you thinking?



## Exercise: 1 Year

### **Date in 1 Year:**

Take a look around. What is happening for you now? How is the specific area of your life that you identified? What is out there? What are you doing? What emotions are you feeling? What are you thinking?

## Exercise: 6 Months

### **Date in 6 Months:**

Take a look around. What is happening for you now? How is the specific area of your life that you identified? What is out there? What are you doing? What emotions are you feeling? What are you thinking?

## Exercise: 3 Months

### **Date in 3 Months:**

Take a look around. What is happening for you now? How is the specific area of your life that you identified? What is out there? What are you doing? What emotions are you feeling? What are you thinking?

## Your Decisions Determine Your Destiny

**Limiting Decision:** Any statement about life, your capabilities, or what's possible that limits you in some way.

A belief is nothing more than a feeling of conviction about something that is true, right, real or possible for you. Any belief that we have is always preceded by the decision, either consciously or unconsciously, to accept that belief into our life.

### What type of limiting decisions do people make?

- I have to work hard to make money.
- Life is a struggle; you must struggle to succeed.
- I don't have all the resources I need to succeed.
- I can't have a great relationship.
- I wasn't meant to have a great relationship.
- Relationships never last.
- I can't weigh my ideal weight.
- Thin people are superficial.
- I'm not a healthy person in the first place.

All of these limiting decisions will prevent a person from moving powerfully forward and actualizing their full potential. Decisions can be possibility filters. Take an honest assessment of the decisions you've made that may limit you in some way. In order to expand your mind, you first need to explore your limits.

“ A mind once stretched to a new dimension can never return to its original shape again.

—Oliver Wendall Holmes

”

## Exercise: Limiting Decisions

### **Part I**

List the limiting decisions that you have. They are often phrases that begin with things like, “I can’t ...,” or “It’s not possible to ....” Look back over the pages where you wrote down your current experience of life as well as your unconscious expectations of the future. Ask yourself, “What did I decide that has caused me to have this current experience of life and the current expectations of the future that I do?”

### **Part II**

Turn back and look at the pages marked 3yrs, 1yr, 6 months and 3 months. Circle anything on those pages that you *don't want* to have happen.

### Values

**Values:** What's important to you; what drives your motivation in life.

*You only do the things that are important to you.*

### Where do your values come from?

- Your parents and family.
- Cultural and geographical influences.
- Religion or lack of religion.
- The socio-economic group you were born into.
- Your generation and economic times.

### Discovering Your Current Values

1. **Ask yourself, “What is important to me in the context of my \_\_\_\_\_?”**
2. **Write down all the things that you value in that context.** (Note: Values are typically 1 word or short 2-3 word phrases. Examples: Freedom, Growth, Development, Investing).
3. **When you think you have listed all that's important to you, go beyond that.** Ask yourself, “What *else* is important to me in this context?” Challenge yourself to come up with at least two more values.
4. **Once you have your entire values list, number them.** Don't order them in the order of importance that you wish they were or you'd like them to be. Where have your values *really* been up until this point in time? Look at what is currently in your world and how you spend your time and energy. Based upon the results that you are getting and/or how you spend your time, ask yourself:
  - “What has *really* been my number 1 value?”
  - “What *really* had been my number 2 value?”

*In life, we either pay attention or we pay with pain.*



Exercise: My Current \_\_\_\_\_ Values

List and number your values.

Exercise: My Current \_\_\_\_\_ Values  
of the Person Who Has Already Achieved My Goals

Imagine a wide-screen TV and project the image of the ideal you on it. Ask yourself, "What must have been important to that person in order to accomplish the goals you want? What does that person value? What inspires them?" **List and number your *ideal* values.**

### The Strategic Visioning Process

This process allows you to put goals in your future in such a way that they actually occur. It helps you take charge of your unconscious expectations from moment to moment. Most people go through things with unconscious expectations of failure. Remember, no expectations are expectations of “no.” We need to learn how to take charge of our unconscious expectations moment to moment as we navigate the playing field of life.

### The C.R.E.A.T.E. Your Outcome Criteria

#### **Concise and Clear**

Write your outcome as a nutshell-type statement: 1-2 sentences max with as much clarity and detail as possible.

#### **Realistic**

Most people overestimate what they can achieve in a year and underestimate what they can achieve in a lifetime. If you’ve never reached your goals before, scale back. If you always reach your goals, stretch yourself and make them bigger.

#### **Ecological**

Study the consequences of your outcome. Ask yourself, “Is it safe to me? To others? To the planet? To our division? To our organization?”

#### **As if Now**

Write your outcome in present-tense language as if it is happening right now. Success is not around the corner — it’s right now. Don’t “next-month” yourself.

#### **Time / Toward the Positive**

Put a future date for when your outcome will occur. (Example: “It is now March 19, 2007, I am standing at the bank depositing the check.”) In addition, make sure the goal is stated in the positive. (Example: “I’m going to go in and nail that audition.”) Directionalize your focus in a way that allows you to create extraordinary results, and state the goal exactly as you would like for it to happen.

#### **End Step / Evidence Procedure**

This is the most important step. Ask yourself: “What is the final puzzle piece which has to happen in order for me to know I got my goal?” This is exactly how you should write your goal.

## The C.R.E.A.T.E. Your Outcome Criteria Formula

When you use this formula to write your goals, it will help you meet most of the criteria automatically.

It is now (*future date*) \_\_\_\_\_ ,

I am / I have (*end step/evidence procedure*) \_\_\_\_\_ .

### Exercise: Goals for the Strategic Visioning Process

**Write 2 goals.** Make sure they meet all *The C.R.E.A.T.E Your Outcome Criteria*, and use the formula above to help. At least one of the two goals should be about the area of your life that you are focusing on in this program.

(1)

(2)

### Behaviors

If you really want to take charge of the results you have in your life, you've got to learn how to take charge of your behaviors. And, if you really want to learn how to take charge of your behaviors, you've got to learn how to take charge of your emotional states.

Instead, most people feel that their emotions run them, but that doesn't have to be the case ...

### Negative Emotions

The unconscious mind communicates to us through emotion. Thus, negative emotions aren't actually bad for us because they provide us with valuable information. They are like a steering system for what to pay attention to in life. However, instead of *listening* to their negative emotions, most people stuff them down and repress them.

### Stacking Negative Emotions

When we continually stack negative emotions, over time, we eventually begin to identify with them. As a result, they actually start to filter our entire experience of life. You know this is happening when your reaction to a situation is out of proportion to what is actually happening at that given moment in time.

***We must learn to take control of our emotions and get rid of the emotions that control us.***

“ The real voyage in discovery is not in seeking new lands,  
but in seeing with new eyes. ”

—Marcel Proust

## It All Comes Down to Meaning

The only reason we hold onto negative emotions from the past is because of the meaning we've associated to them.

1. Our **results** are created by our **behaviors**.
2. Our **behaviors** are created by our **emotional states**.
3. Our **emotional states** are created by the **meanings** that we've ascribed to in life.

### There is No Inherent Meaning in Anything

The meaning of an event itself will change based upon its context, and all meaning is based on context. Overall, human beings are meaning-making creatures, constantly asking themselves:

- What does this mean?
- How do I feel about it?
- What am I going to do?

When you change the meaning you have associated to the events in life, the emotions disappear. It's not the actual events that shape our lives; it's the meaning that we ascribe to those events that affect us. Furthermore, that meaning is based upon our decisions, either consciously or unconsciously, to accept that as being the meaning.

Every negative emotion that we might hold onto in our life is backed by a limiting decision to view the world in a certain way.

## The Decision Destroyer Process

*The Decision Destroyer* is a process that will:

- Help you get to the root cause of the negative patterns that you run in your life.
- Allow you to obliterate that root cause and change the pattern to one of your choice.
- Allow you to install a new pattern that will drive you forward to greater levels of success and achievement.

Before you begin this process, it is very important that you understand the consequences of your limiting decisions. Remember, decisions determine our destiny.

“ You cannot solve a problem with the same level of thinking that created it. ”

—Albert Einstein



## How to Use the Decision Destroyer Process

1. **Pick at least two decisions that you want to destroy.** Choose the biggest ones on your list.
2. **Once you've got a limited decision in mind, ask your unconscious mind to light it up in your neurology.** Wherever it exists inside your neurology, *feel* the limiting decision in your body.
3. **Transderivational Search: Ask your unconscious mind to trace that limiting decision rapidly and unconsciously all the way back to the very root cause of the decision.** Trust your unconscious mind to take you there, wherever it needs to go. As the storehouse/warehouse of our memories, it knows.
4. **Become aware of two things: (1) Any emotions that are present.** As you become aware of those emotions, keep your spirits high. **(2) The decision that was made there.**
5. **The Learning Position: Rise above the event until you are directly above it and looking down on it.**
6. **Preserve the learnings.** Allow any learnings to come into your consciousness. It is very important that you realize the type of learnings that are good to preserve. You need to preserve only the positive learnings about yourself and for the future because negative learnings don't allow us to let go of the decisions.
7. **Move temporally back in time.** Imagine going back in time at least one hour before the event happened, but remain high above the event, looking down at it.
8. **Decide to let go of your old decision.**
9. **Make a new decision.** Reclaim this decision as yours and store it at the unconscious level.
10. **Step forward into the future.** Bask in the gratitude of being right here, right now (3 months, 6 months, 1 year, 3 years into the future).
11. **Come back to the present and reclaim your future.**
12. **Once the decision is gone, move forward.** Ask yourself: "What are new strategies that I can adopt to drive my life forward in a powerful way?"

# [ Day 7 ] Long-Lasting Change

Congratulations on all that you have put into this program so far! Once you've broken through the limiting decisions and barriers of the past, new futures often become immediately evident.

## Exercise: One More Goal

**Write one more goal using *The Create Your Outcome Criteria*:**

- Concise and Clear
- Realistic
- Ecological
- As if Now
- Time / Toward the Positive
- End Step / Evidence Procedure

*Your Goal:*

### **You are the Light and the Light is You**

Realize now that you are connected to all that there is at super-conscious levels. All the resources that you need for the goal you are working on now will be supplied to you. You are a magnet for all the people and resources you need to make this goal a success.

## Exercise: My New \_\_\_\_\_ Values

Imagine the type of person you would have to be in order to create this goal. **Re-write your values in terms of what's important to you now. Also include the order and sequence of your new values.**

As you do so, don't even refer to the old values list you wrote previously. Ask yourself, "After going through this program, what is important to me now? And, what's going to be important to me as I drive my life forward now?"

## Making This a Long-Lasting Change

Use this process to ensure that your change is long-lasting and that it sticks as you move forward in your life.

- 1. Make the Decision That You Will Do Things Differently Moving Forward.** The only person that can make that decision is you.
- 2. Commit to the New Path.** Decide that this is something more important to apply than just “trying it.” It is worthy of true commitment. There is nothing that stops the person who is truly committed to a path.
- 3. Act — You’ve Got to DO Something.** Commit to yourself to take some action immediately after you finish this program. If you get off on the wrong side at least you’ll know it sooner rather than later. Your moment of power is right here, right now.
- 4. Focus On What You Want.** As you complete your goals, create new ones. Continually use the *Strategic Visionary Process* to plot your course in life.
- 5. Create a Powerfully Supportive Environment.** Who a person becomes is a combination of who he or she associates with and the books that he or she reads. You’ll only rise to the level of the expectations of your peer group. Surround yourself with a powerful group of people who will hold you to a higher standard than you could even possibly hold yourself.

## Your Results

Overall, you should walk away with two things:

- 1. The knowledge and realization that there’s more to learn.** Have the curiosity of a child. When things go wrong, ask yourself, “What can I learn from this?” And, when things go right, don’t let yourself become complacent.
- 2. Leave your baggage here.**

“ Even if you are on the right track, you will get run over if you just sit there. ”

—Will Rogers

## Keep In Touch!

If you would like more information about our products, seminars and coaching programs, please get in touch with us!

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“ Take care, dare to dream and make each day an  
epic adventure! ”

—Christopher Howard

# NOTES



# NOTES

# YOUR PERSONAL BREAKTHROUGH

**Are you ready... right now, to live the life of your dreams? Isn't it time you achieved Your Personal Breakthrough?**

Right now, as you read these words, your ideal future is within your reach. **Your Personal Breakthrough** is an interactive program that teaches you how to breakthrough the barriers that have held you back and that will move you powerfully forward towards the success you deserve. Your Personal Breakthrough provides you with the unique opportunity to discover what you really want and how to achieve it in all areas of your life, including finances, career, relationships and health.

This step-by-step, practical system consolidates more than a decade of research into the most advanced neurological linguistic and re-patterning tools essential for accelerating profound human change. Chris' trainings will help you align the enormous resources of your unconscious mind with your conscious desires, so that you will be able

## RAVE REVIEWS

**"This is the most powerful, life-changing information available. Last year I completed four of Chris Howard's programs. I've since increased my net wealth by more than \$2 million, \$600,000 of which I made in a single day using strategies I learned from Chris Howard! These programs guarantee success!"**

*--Phil Anderson, Multi-Millionaire Entrepreneur and Former Mr. Australia*

**"Christopher Howard's programs are incredibly powerful. Within 9 months, I cleared six figures. Today I am facilitating my own workshops and enjoying financial freedom. I am living proof that Chris' technologies are highly effective tools in today's business world."**

*--Melanie Benson Strick, Founder and President of Success Connections, USA*

**"Twelve months ago we owned a good business and had 10 investment properties, today we have a GREAT business and own 70 investment properties, more importantly the depth of love and connection we share and the richness of our life is beyond our wildest dreams... I attribute all of it to Chris Howard."**

*--Barry and Julie Pickering, Multi-Millionaire Real Estate Moguls, Australia*



Christopher Howard is the Founder and CEO of The Christopher Howard Companies, and he is one of the world's leading authorities on the psychology of wealth and accelerated personal achievement. Described as "The Richard Branson of personal and professional development," Chris is an electrifying speaker who has captivated audiences in the United States and worldwide. Chris is also an International Best Selling Author of his book, *Turning Passions into Profits* and of 9 best-selling audio programs.

From the companies' humble beginnings in 2002, Chris has developed The Christopher Howard Companies and Christopher Howard Training into a multi-million dollar international success. Within four years, Chris conducted vast amounts of research into the lives and success strategies of the world's greatest business, philanthropic and spiritual leaders. As a result, he has developed a system to replicate the success strategies of the world's most legendary leaders and billionaires; from Branson to Buffett, and Gates to Gandhi.



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